

Common Spotted Orchid

Dactylorhiza fuchsii

The common spotted orchids is found throughout the UK, and has lots of folk names including 'Adam and Eve', 'adder's flower', 'crow-foot', 'curlie-daddie', 'dead man's finger', 'kettle-case', 'old woman's pincushion' and 'ring finger'.

Common spotted orchids have pink & purple flowers.



Meadow Makers

Arnside & Silverdale 
Area of Outstanding Natural Beauty