



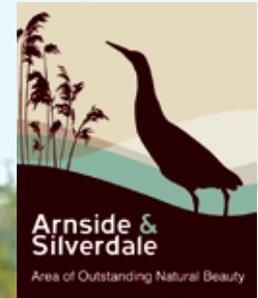
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VENUE/MEETING POINT

- A** RSPB Leighton Moss
- B** Orchard Barn, Arnside
- C** Arnside Educational Institute
- D** The Old School Brewery, Warton
- E** The Silverdale Hotel
- F** WI Hall, Arnside
- G** Hawes Villa Farm, Silverdale
- H** Woodwell Pond, Silverdale
- I** Arnside Tower Farm
- J** Heron Corn Mill, Beetham
- K** Coppice Co-op Yard, Silverdale
- L** Teddy Heights Nature Reserve, Silverdale
- M** Wolf House, Silverdale
- N** Live Ale Venue

Key to the symbols

- BE** Booking Essential
- £** Free Event
- £A** Advance payment required
- £** Cost involved
- 👟** Wear sturdy shoes
- 🔭** Bring binoculars
- 🐕** Dogs on leads welcome
- 🚫🐕** No dogs allowed
- ☕** Refreshments available
- 👨👩👧👦** Family event



Help us to protect the AONB by

- leaving the car behind
- staying on the footpaths and following the Countryside Code
- supporting conservation organisations that look after the AONB
- using local produce and supporting local businesses

For further enquiries contact:
 Arnside & Silverdale AONB,
 Old Station Building, Arnside LA5 0HG
T: 01524 761034
E: info@arnsidesilverdaleaonb.org.uk
www.arnsidesilverdaleaonb.org.uk

A taste of the landscape

Celebrating local food and produce
 in Arnside & Silverdale AONB

27th May - 12th June 2016

Organised by the Arnside & Silverdale AONB Partnership

Join us to celebrate the amazing diversity of food and local produce from Arnside & Silverdale Area of Outstanding Natural Beauty



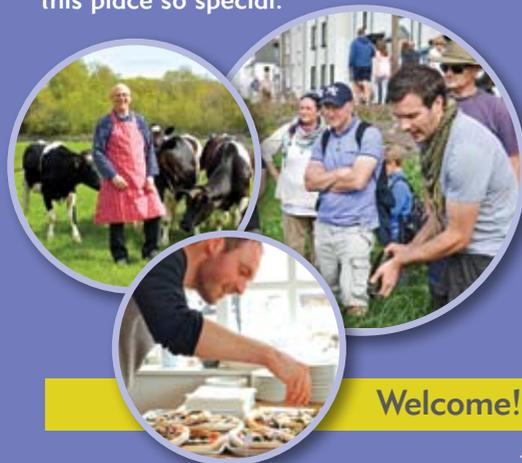
Designated in 1972, Arnside and Silverdale Area of Outstanding Natural Beauty (AONB) is known for its stunning limestone pavements, panoramic views, impressive coastline, ancient woodlands and crucially as a real, working landscape. The AONB Partnership is keen to share with others what makes this place so special.

For the second year we are using our annual festival to celebrate the diversity of local food, drink and other products, such as timber, fuel and coppice products created in this stunning area. A Taste of the Landscape has been designed to help you explore and enjoy the area and the delicious, useful or beautiful artisan products inspired and cultivated here.

Try your hand at woodland crafts, taste our local bread and honey, find out about our ancient orchards, identify and even taste the diverse foods growing wild all around us or just enjoy the stunning scenery and a cake in one of the AONB's fabulous permanent or pop-up cafes!

Read on to find out more!

Welcome! We look forward to seeing you



Find my food trail

As part of the Arnside and Silverdale Area of Outstanding Natural Beauty's food festival, bring your team and take part in this self-led family trail to discover more about the favourite food of our wonderful wildlife. Delicious local food is available in the RSPB Leighton Moss café.

Cost: Normal admission charges apply to non-members, RSPB members free.

No need to book

For further information:

T: 01524 701601

E: Leighton.moss@rspb.org.uk

Time: drop in between 10am - 4.00pm

Venue/meeting point: RSPB Leighton Moss and Morecambe Bay nature reserve visitor centre, LA5 0SW RSPB



Running throughout June



Friday 27th May

Orchard Ramble

Enjoy a guided walk with expert Phil Rainford around the ancient orchards of Arnside and Storth. See the blossom and find out more about the fascinating history, rare and 'lost' varieties that grow locally, and maintenance of our orchards.

Six mile circular walk with some hilly sections. Why not finish off with some lunch at one of the wonderful pubs and cafes on Arnside Promenade?

Free event

To book: E: info@arnsidesilverdaleaonb.org.uk

For further information:

T: 01524 761034

Time: 10.30am - 1.30pm

Venue: Orchard Barn, 32 Briery Bank, Arnside, LA5 0ED

Arnside & Silverdale AONB



Friday 27th May

Arnside Country Market

Local homemade cakes, savouries, bread and soup together with a tempting range of preserves and fresh eggs. Seasonal home grown fruit, flowers, plants and vegetables. Local handmade crafts. Award winning Lakeland photographer. Come and visit us - we'd love to see you!

Free event. No need to book.

For further information:

E: annmccabe358@gmail.com

Time: 9.30am - 11.30am

Venue: Arnside Educational Institute, Church Hill, Arnside, LA5 0DF
Arnside Country Market



Friday 27th - Sunday 29th May

Live Ale

The Old School Brewery hosts its second annual Beer and Music Festival, with two live music stages and 25 varied beers from all around the North, as well as their award winning Old School Ales. Families welcome.

Cost: Weekend tickets £5

For further information:

T: 01524 740888

E: info@oldschoolbrewery.co.uk

Time: 12pm - 11pm

Venue: Sand Lane, Warton, LA5 9NJ

Old School Brewery



**Friday 27th May - Sunday 5th June
From Farm to Yarn**

Once again The Silverdale Hotel is hosting our display of locally grown wool. This is just wool plain and simple... real wool from real sheep... look out of the hotel windows and you'll see them!

Free event. No need to book.

For further information:

T: 07758 751375

E: schofield316@btinternet.com

Time: 11am - 11pm

Venue: The Silverdale Hotel, Shore Road, Silverdale, LA5 0TP

Lancashire Farm Wools



**Saturday 28th, Sunday 29th
and Monday 30th May
Binoculars and telescopes
open weekend**

Get some hands on advice about binoculars and telescopes from our friendly, impartial team. Have the chance to try them outdoors. Sample the delicious local food and cakes in the café afterwards.

Cost: Normal admission charges apply to non-members visiting the reserve, RSPB members free.

No need to book.

For further information:

T: 01524 701601

E: Leighton.moss@rspb.org.uk

Time: Drop in between 10am and 4pm

Venue: RSPB Leighton

Moss and Morecambe Bay nature reserve visitor centre, LA5 0SW
**RSPB
Leighton Moss**



**Saturday 28th May
to Saturday 4th June
Annual Art Exhibition**

Enjoy local artworks, refreshments and homemade cakes.

Free event. No need to book.

For further information:

E: brenadagarsden@gmail.com

Time: 10am - 5pm

(4.00pm on Sat 4 June)

Venue: WI Hall, Orchard Road, Arnside, LA5 0DP

Arnside Art Group



**Saturday 28th May
Farm café and woodland crafts**

Traditional homemade cakes, cream teas, and Pippa's bespoke pork pies. Served on the farm lawn, with cover in inclement weather!

Join the hens and ducks, wandering freely around the farm. There will be woodland crafts to enjoy, and a range of locally crafted products for sale. Limited parking available, why not stop off as part of a ramble?

Free event. No need to book

For further information:

T: 01524 701969 or 07533348481

E: Pippabeeston@yahoo.co.uk

Time: 10.30am - 3.30pm

Venue: Hawes Villa Farm, Moss Lane, Silverdale LA5 0SS

Hawes Villa Farm



**Sunday 29th May
Birdsong for Beginners**

Join Andy Chapman on this informative wildlife walk. Learn more about different bird songs in the woodland and around the reedbed, get tips on identification and advice about wildlife watching. Afterwards enjoy a bacon or veggie sausage bap and tea or coffee. No experience necessary. Meet in The Holt next to the garden.

Cost: £15 (RSPB members £12).

To book: Booking and payment in advance essential.

For further information:

T: 01524 701601

E: Leighton.moss@rspb.org.uk

Time: 7.30am - 10am

Venue/meeting point: RSPB Leighton Moss and Morecambe Bay nature reserve visitor centre, LA5 0SW

RSPB Leighton Moss





Tuesday 31st May
Family herbal ramble

Join local herbalists Veda West and Alaina Mecklenburgh to spot and learn about the herbs and plants growing around Woodwell in Silverdale.

Spotter sheets provided! **Free event.**
To book: E: info@arnsidesilverdaleaonb.org.uk
For further information: T: 01524 761034
Time: 1.45pm - 3.30pm
Venue: Woodwell Pond, Woodwell Lane, Silverdale, LA5 0TZ
Arnside & Silverdale AONB



Wednesday 1st June
Silverdale Circular Walk

Circular walk of approximately seven miles taking in the cliff path along the shore at Silverdale, Arnside Knott and Eaves Wood. Dress for the weather and bring a picnic.

Free event. No need to book
For further information:
 T: 01524 811366
 E: secretary@lancasterramblers.org.uk
Time: 10am - 3pm
Meeting point: Silverdale Hotel
Lancaster Ramblers



Wednesday 1st June
Open afternoon

See the young calves and lambs and the working dogs. Help bring the cows in for milking. Find out more about farming the AONB at a real, working farm. More information about Arnside Tower Farm is available on the meet the producers area of the Arnside & Silverdale AONB website.

Free event. No need to book
For further information:
 T: 01524 761034
 E: info@arnsidesilverdaleaonb.org.uk
Time: 2.30pm - 4.15 pm
Venue: Arnside Tower Farm
Arnside Tower Farm



Friday 3rd June
Arnside Country Market

Local homemade cakes, savouries, bread and soup together with a tempting range of preserves and fresh eggs. Seasonal home grown fruit, flowers, plants and vegetables. Local handmade crafts. Award winning Lakeland photographer. Come and visit us - we'd love to see you!

Free event. No need to book
For further information:
 E: annmccabe358@gmail.com
Time: 9.30am - 11.30am
Venue: Arnside Educational Institute, Church Hill, Arnside, LA5 0DF
Arnside Country Market





Meet the producers

The stunning landscape of Arnside & Silverdale Area of Outstanding Natural Beauty attracts and inspires many talented people to create quality produce. You can meet some of them as they host events during the Food and Local Produce Festival!

Johnny and Emmie Bland will be hosting an open day at Arnside Tower Farm on the 1st of June, when you can see their working dogs and help bring the cows in for milking. The Blands have a strong focus on animal welfare: a new path has reduced lameness in their herd to almost zero; their milk is truly free range, with cattle outdoors and feeding on grass rather than silage for eleven months of the year due to their free draining limestone soil.



The Coppice Co-op will be opening their gates for a woodyard open day on the 4th of June, where you can watch demonstrations and try your hand at greenwood crafts. The Co-op team manage the woodland around the depot to increase biodiversity; and use the wood they harvest to make garden products like bean poles, hazel hurdles and besom brooms.



The Heron Corn Mill in Beetham will be hosting two events – a mill demonstration and bread making event on the 3rd of June, and the Beekeeping year with Dr Julia Hoggard from the Westmorland Beekeeping Association on the 8th of June. You'll be able to hear all about how honey is made, and even sample some on bread made today, right here at the Heron. There will be seed giveaways as well as the chance to buy honey, and the Heron's own flour and bread.



More detailed information is available on our website, as well as interviews with local café owners and food producers; and we are continually adding more profiles of our wonderful local producers.
www.arnsidesilverdaleaonb.org.uk/discover/a-taste-of-the-landscape



Friday 3rd June Tour and Taste

Join Stuart the miller and his volunteers at 11.30am for a tour of the mill and milling demonstration, before sampling the tantalising delights of Nell, Pete and the Bread of Heron Group – made with rye, wheat and spelt flour milled right here!

Free event. No need to book

For further information:

E: info@heronmill.org

T: 01539 564271

Time: 11.30am - 1pm

Venue: Heron Corn Mill, Mill Lane, Beetham, Milnthorpe, LA7 7PQ
Heron Corn Mill



Saturday 4th June Woodyard Open Day

An open day at our working wood yard in Silverdale. There will be greenwood demonstrations and 'have-a-go' sessions throughout the day. Garden products (pea sticks, beanpoles etc.) will be on sale.

Free event. No need to book

For further information:

T: 01524 720292 or 07884 332391

E: kath@coppicecoop.co.uk

Time: 11am - 4pm

Venue: Coppice Co-op yard, Brackenthwaite Lane, Silverdale, LA5 9TE
Coppice Co-op



Saturday 4th June Farm café and woodland crafts

Traditional homemade cakes, cream teas, and Pippa's bespoke pork pies.

Served on the farm lawn, with cover in inclement weather! Join the hens and ducks, wandering freely around the farm.

There will be woodland crafts to enjoy, and a range of locally crafted products for sale. Limited parking available, why not stop off as part of a ramble?

Free event. No need to book

For further information:

T: 01524 701969 or 07533348481

E: Pippabeeston@yahoo.co.uk

Time: 10.30am - 3.30pm

Venue: Hawes Villa Farm, Moss Lane, Silverdale LA5 0SS
Hawes Villa Farm



Sunday 5th June 30 years of conservation

Open day at the Arnside/Silverdale Landscape Trust's Teddy Heights reserve to mark the Trust's first 30 years. Find out more about how the Trust helps to conserve Arnside & Silverdale AONB. Small amounts of coppiced wood, for firewood, pea sticks and bean poles will be available to take home.

Free event. No need to book

For further information:

T: 01524 761740

E: bmpiccope@gmail.com

Time: 11am - 3pm

Venue/meeting point: Teddy Heights Nature Reserve (South Gate), Carr Bank Road, Sandside, LA7 7LD
Arnside/Silverdale Landscape Trust



Wednesday 8th June The Beekeeping year, bread and honey tasting

Join Dr Julia Hoggard and find out more about the Beekeeping year. The Bread of Heron team will be using the Heron's own wheat, spelt and rye flour to make bread. Free pollinator plant seeds will be available, as well as honey to buy and try on Bread of Heron bread. How much more local could we get?

Free event. No need to book

For further information:

E: info@heronmill.org

T: 01539 564271

Time: 1pm - 4pm (presentation 'The Beekeeping Year' at 1.30pm)

Venue: Heron Corn Mill, Mill Lane, Beetham, Milnthorpe, LA7 7PQ
Kendal and South Westmorland Beekeepers' Association and Heron Corn Mill





**Wednesday 8th June
Bitter and Butterflies**

The stunning limestone pavements, ancient woodlands, herb-rich grasslands and meadows of Warton Crag are havens for butterflies, moths and other wildlife. Join this guided walk and look out for some of our special butterflies, and enjoy breathtaking views over Morecambe Bay. Finish off with a pint of High Brown Fritillary Bitter at the Old School Brewery, which will be opening up especially for us!

Free event.
To book E: info@arnsidesilverdaleaonb.org.uk

For further information:
T: 01524 761034

Time: 3pm
Venue/meeting point: Warton Crag Quarry car park, Crag Road, Warton, LA5 9RB
Butterfly Conservation and Old School Brewery



**Friday 10th June
Arnside Country Market**

Local homemade cakes, savouries, bread and soup together with a tempting range of seasonal preserves and fresh eggs. Seasonal home grown fruit, flowers, plants and vegetables. Local handmade crafts. Award winning Lakeland photographer. Come and visit us - we'd love to see you!

Free event. No need to book.
For further information:
E: annmccabe358@gmail.com

Time: 9.30am - 11.30am
Venue: WI Hall, Orchard Road, Arnside, LA5 0DP
Arnside Country Market



**Friday 10th June
Brewery Open Evening**

Sit back and relax with a top-quality, locally brewed pint (soft drinks, wine and spirits also available). Held on the second Friday of every month, each open evening is different, some with live music.

Free event. No need to book.
For further information:
T: 01524 740888

E: info@oldschoolbrewery.co.uk
Time: 6pm - 11pm
Venue: Old School Brewery, Crag Road, Warton, LA5 9PL
Old School Brewery



**Saturday 11th June
Farm café and woodland crafts**

Traditional homemade cakes, cream teas, and Pippa's bespoke pork pies. Served on the farm lawn, with cover in inclement weather! Join the hens and ducks, wandering freely around the farm.

There will be woodland crafts to enjoy, and a range of locally crafted products for sale. Limited parking available, why not stop off as part of a ramble?

Free event. No need to book.
For further information:
T: 01524 701969 or 07533348481

E: Pippabeeston@yahoo.co.uk
Time: 10.30am - 3.30pm
Venue: Hawes Villa Farm, Moss Lane, Silverdale LA5 OSS
Hawes Villa Farm



**Saturday 11th June
Meet the Moths at the Moss**

Leighton Moss is a terrific home for moths with almost 600 different species recorded and new ones found each year.

Moths found overnight on the reserve and nearby will be on view for those who want to learn more about these fascinating insects. The moth trap will be opened at 11am and will include a short introductory talk. Part of the National Moth Nights programme.

Cost: Normal admission charges apply to non-members, RSPB members free.
No need to book.

For further information:
T: 01524 701601
E: Leighton.moss@rspb.org.uk

Time: 11am - 12pm
Venue/meeting point: RSPB Leighton Moss and Morecambe Bay nature reserve visitor centre, LA5 0SW
RSPB Leighton Moss



Angle Shades moth



Alder moth

Saturday 11th June

Incredible Edibles

Want to spice up your salads or add some colour to your cooking? Join us for this fascinating half-day of coastal foraging around Silverdale. Under the expert guidance of Matt Normansell, the course will help you to identify a range of seasonal edibles around the coastline and to differentiate these from potentially deadly lookalikes. Matt will introduce you to foraging law and ethics, ID tips and tricks, sustainability and harvesting techniques, medicinal uses for plants and the foraging mind-set. There'll also be the opportunity to sample some of nature's goodies that we've found along the way with a small cook-up to create a sushi-style lunch.

Cost: £15 (£10 concessions)

Booking essential via website.

www.morecambabay.org.uk/events

For further information:

T: 01539 734888

E: info@morecambabay.org.uk

Time: 10am - 2pm

Venue/meeting point: Given after booking

**Morecambe Bay Partnership
and Eden Wild Foods**



Sunday 12th June

Herbal ramble

Join local herbalists Veda West and Alaina Mecklenburgh to spot and learn about the herbs and plants growing around Woodwell in Silverdale. Circular walk of approximately two miles with a hilly section. Finishing at The Wolfhouse Kitchen which serves delicious cakes and locally roasted Atkinson's coffee.

Cost: Free

To book: E: info@arnsidesilverdaleaonb.org.uk

For further information:

T: 01524 761034

Time: 2.30pm - 4.30pm

Meeting point: The Wolfhouse, Hollins

Lane, Silverdale, LA5 0TX

Arnside & Silverdale AONB



SILVERDALE & ARNSIDE



FESTIVAL SATURDAY

9TH JULY

11AM - 3PM
FREE ENTRY

GASKELL HALL

Silverdale

